

# Kaiser Permanente Fit Rewards

## 2019 Fitness Center Directory

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Welcome to Kaiser Permanente Fit Rewards, part of the Active&Fit® program. This directory lists participating fitness centers. Starting January 1, 2019, you can use this list to choose a fitness center that best meets your needs. This directory is current as of October 2018.

In 2019, you can choose from 5 tiers of fitness centers at different pricing. Whatever tier you choose, you can earn a \$200 reward.<sup>1</sup> Simply work out at your chosen fitness center at least 45 days for at least 30 minutes a visit by December 31, 2019.

### Tier 1: Earn a free gym membership

You can earn a free gym membership by selecting a gym from Tier 1 and working out at least 45 days. Only 1 visit per calendar day will count towards your reward requirement.

### Tiers 2, 3, & 4: Save up to 40% at an expanded network of fitness centers

Join a fitness center in Tiers 2 through 4 for an additional discounted monthly fee at rates under market prices.

### Tier 5: Out-of-Network fitness centers not listed in tiers 1 – 4

With Tier 5 fitness centers, you can download the new mobile app (available January 1, 2019) for use at more than 200 locations in Hawaii alone or 41,000 locations nationwide. Just hit your qualified gym 45 days for at least 30 minutes a visit by the end of the year, and you'll earn your \$200 reward.

**QUESTIONS?** Visit [kp.org/fitrewards](http://kp.org/fitrewards) or call **1-877-750-2746** (toll free) or **1-877-710-2746** (TTY/TDD), Monday through Friday, 5 a.m. to 6 p.m., Pacific Time.

CHOOSE ONE	ANNUAL FEE	ADDITIONAL MONTHLY FEE	YOUR REWARD
TIER 1	\$200	\$0	\$200 (FREE MEMBERSHIP!)
TIER 2	\$200	\$35	\$200
TIER 3	\$200	\$55	\$200
TIER 4	\$200	\$85	\$200
TIER 5 OUTSIDE TIER NETWORK	YOU PAY STANDARD RETAIL FEES DIRECTLY TO FITNESS CENTER	N/A	\$200

## OAHU

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>AIEA</b>			
BoxFit808 Boxing Gym	95-025 Hekaha St Ste 34 Aiea, HI 96701	808-256-1770	2
Curves - 9654	99-080 Kauhale St Ste C7 Aiea, HI 96701	808-488-7722	1
Powerhouse Gym Aiea	98-199 Kamehameha Hwy Aiea, HI 96701	808-484-8000	1
<b>HONOLULU</b>			
24 Hour Fitness - Club 540 - Super Sport	1680 Kapiolani Blvd Honolulu, HI 96814	808-951-7677	1
24 Hour Fitness - Club 555 - Active	1000 Bishop St Honolulu, HI 96813	808-545-5510	1
24 Hour Fitness - Club 593 - Active	7120 Kalaniana'ole Hwy Honolulu, HI 96825	808-396-2424	1
CrossFit Kuleana	2463 S King St Honolulu, HI 96826	808-285-5200	4
Curves - 5437	3566 Harding Ave Ste 101 Honolulu, HI 96816	808-734-4300	1
Ekahi Health Wellness Center	500 Ala Moana Blvd Ste 6D Honolulu, HI 96813	808-777-4001	1
F45 Kahala	4400 Kalaniana'ole Hwy Honolulu, HI 96821	808-347-0044	4
Fit For a Goddess	320 Ward Ave Ste 202 Honolulu, HI 96814	808-262-6979	4
Fitness Ranex	1213 S Beretania St Honolulu, HI 96814	808-398-4931	4
Island Jiu-Jitsu	2600 S King St Ste 202 Honolulu, HI 96826	808-383-9196	4
Kakaako Fitness	815 Waimanu St Honolulu, HI 96813	808-888-4180	1
Kalihi YMCA	1335 Kalihi St Honolulu, HI 96819	808-848-2494	1
Nu'uuanu YMCA	1441 Pali Hwy Honolulu, HI 96813	808-536-3556	1
ROM 8 Minute Fitness	747 Queen St Honolulu, HI 96813	808-523-7777	2
Still & Moving Center	1024 Queen St Honolulu, HI 96814	808-397-7678	4
Trilogy Yoga	1120 12th Ave Honolulu, HI 96816	808-888-7558	4
Trilogy Yoga	1152 Koko Head Ave Ste 203 Honolulu, HI 96816	808-888-7558	4
UFC Gym – Honolulu (Ultimate Program)	805 Pohukaina St Honolulu, HI 96813	808-389-4226	2

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>HONOLULU (Continued)</b>			
UNYQE Fitness Honolulu	745 Fort Street Mall Ste 105 Honolulu, HI 96813	808-536-7205	3
YMCA Kaimuki - Waialae Branch	4835 Kilauea Ave Honolulu, HI 96816	808-737-5544	1
YWCA	1040 Richards St Honolulu, HI 96813	808-538-7061	1
<b>KAHUKU</b>			
CrossFit Ko'olau	114 Main Camp Kahuku, HI 96731	808-383-8739	3
<b>KAILUA</b>			
Barre Kailua	43 Oneawa St Ste 212 Kailua, HI 96734	808-230-4186	4
NuFitness Lifestyle	167 Hamakua Dr Kailua, HI 96734	808-208-3889	4
Titan Core	111 Hekili St Ste 109 Kailua, HI 96734	808-450-8131	4
UFC Gym – Kailua (Ultimate Program)	573 Kailua Rd Ste 200 Kailua, HI 96734	808-389-4226	2
Windward Oahu YMCA	1200 Kailua Rd Kailua, HI 96734	808-261-0808	1
<b>KANEOHE</b>			
24 Hour Fitness - Club 559 - Active	45-480 Kaneohe Bay Dr Kaneohe, HI 96744	808-234-1003	1
CrossFit Kaneohe	46-026 Alaloa St Ste E and F Kaneohe, HI 96744	785-341-1586	4
Kokokahi YWCA	45-035 Kane'ohe Bay Dr Kaneohe, HI 96744	808-695-2606	1
<b>KAPOLEI</b>			
24 Hour Fitness - Club 963 - Super Sport	91-5431 Kapolei Pkwy Kapolei, HI 96707	808-377-6855	1
Alaka'i CrossFit	91-329 Kauhi St Kapolei, HI 96707	808-763-9500	4
Anytime Fitness - Kapolei - Club 4649	563 Farrington Hwy Ste 201 Kapolei, HI 96707	808-343-6791	1
<b>MILILANI</b>			
24 Hour Fitness - Club 548 - Super Sport	95-221 Kipapa Dr Mililani, HI 96789	808-627-7400	1
UFC Gym BJ Penn – Mililani (Ultimate Program)	95-1249 Meheula Pkwy Ste 182, Mililani, HI 96789	808-825-4880	2
YMCA Mililani - West Oahu Branch	95-1190 Hikikaulia St Mililani, HI 96789	808-625-1040	1
<b>PEARL CITY</b>			
24 Hour Fitness - Club 496 - Super Sport	1000 Kamehameha Hwy Pearl City, HI 96782	808-486-2424	1

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>WAIANAE</b>			
The Circuit Fitness Center	85-179 Waianae Valley Rd Waianae, HI 96792	808-744-6255	1
<b>WAIPAHU</b>			
CrossFit Waipio	94-1388 Moaniani St Ste 102 Waipahu, HI 96797	808-371-6792	4
UFC Gym – Waikele (Ultimate Program)	94-877 Lumiaina St Waipahu, HI 96797	808-445-9490	2
United MMA & Fitness Center	94-530 Ukee St Waipahu, HI 96797	808-450-5700	4
YMCA of Honolulu - Leeward Branch	94-440 Mokuola St Waipahu, HI 96797	808-671-6495	1

## MAUI

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>HAIKU</b>			
Deep Relief Peak Performance	810 Kokomo Rd Ste 159 Haiku, HI 96708	808-214-8224	4
Fuzion Fit	810 Kokomo Rd Ste 140 Haiku, HI 96708	808-214-9011	1
<b>KAHULUI</b>			
24 Hour Fitness - Club 558 - Active	150 Hana Hwy Kahului, HI 96732	808-877-7474	1
<b>KIHEI</b>			
Afterglow Yoga	381 Huku Lii Pl Ste 101 Kihei, HI 96753	808-495-7159	4
Fluid Motion Maui	1847 S Kihei Rd Ste 201 Kihei, HI 96753	808-227-1113	4
Makena Crossfit	300 Ohukai Rd Ste B101- B102, Kihei, HI 96753	808-205-3013	3
Maui Powerhouse Gym	1279 S Kihei Rd Ste 118 Kihei, HI 96753	808-214-6737	1
South Maui Fitness	95 E Lipoa St Ste C103 Kihei, HI 96753	808-633-4679	1
The Gym Maui	300 Ohukai Rd Ste B202 Kihei, HI 96753	808-891-8108	1
Valley Isle Fitness - Kihei	41 E Lipoa St Ste 11 Kihei, HI 96753	808-874-2844	1
Venture Physical Therapy	101 Kanani Rd Kihei, HI 96753	808-633-4480	1
<b>LAHAINA</b>			
Body in Balance Maui LLC	142 Kupuohi St Ste F2 Lahaina, HI 96761	808-661-1116	1
Enjoy the Ride Maui	118 Kupuohi St Ste C2 Lahaina, HI 96761	808-667-7772	4

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>LAHAINA (Continued)</b>			
The Block Lahaina	75 Kupuohi St Ste 101 Lahaina, HI 96761	808-286-9422	4
The Block Maui Napili	5095 Napilihau St Ste 101 Lahaina, HI 96761	808-286-9422	4
<b>MAKAWAO</b>			
Anytime Fitness - Pukalani - Club 4031	24 Kiopaa Pl Ste 103 Makawao, HI 96768	808-633-6463	1
True Pilates - Maui	261 Kaupea St Makawao, HI 96768	808-359-3131	2
Wisdom Flow Yoga	95 Makawao Ave Ste 202 Makawao, HI 96768	808-268-4095	4
<b>WAILUKU</b>			
All Kine Crossfit	800 Eha St Ste 2 Wailuku, HI 96793	808-298-7771	3
Anytime Fitness - Wailuku - Club 5139	54 Maui Lani Pkwy Ste 1020 Wailuku, HI 96793	808-244-2348	1
CrossFit Maui	300 Maalaea Rd Ste 202 Wailuku, HI 96793	808-633-1765	4
Maui CrossFit Extreme	1495A Lower Main St Wailuku, HI 96793	808-727-0645	1
Personal Training Maui	1238 Kilou St Wailuku, HI 96793	808-280-5787	4
The Club Maui	300 Maalaea Rd Ste 202 Wailuku, HI 96793	808-633-1765	2

## LANAI

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>LANAI CITY</b>			
Venture Physical Therapy	628 Ilima Ave Lanai City, HI 96763	808-463-9508	1

## KAUAI

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>ELEELE</b>			
Makana Training Center	4450 Waialo Rd Ste A Eleele, HI 96705	808-652-5195	1
<b>KAPAA</b>			
Kauai Yoga on the Beach	420 Papaloa Rd Kapaa, HI 96746	808-635-6050	3
<b>KILAUEA</b>			
Kilauea Dance & Fitness	2321 Kolo Rd Kilauea, HI 96754	808-652-5722	3
<b>KOLOA</b>			
CrossFit Poipu	2731 Ala Kinoiki Koloa, HI 96756	808-652-5330	3
Organic Functional Fitness	3580 Koloa Rd Koloa, HI 96756	808-639-2313	4
Pu'uwai Fitness Kauai	2731 Ala Kinoiki Koloa, HI 96756	808-212-4034	2
<b>LIHUE</b>			
Fitness by Stacy	3094 Elua St Lihue, HI 96766	808-635-1143	4
Fitness by Stacy	4463 Pahee St Ste 1 Lihue, HI 96766	808-635-1143	4
YMCA of Kauai	4477 Nuhou St Lihue, HI 96766	808-246-9090	2

## HAWAII ISLAND

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>HILO</b>			
Aloha Fitness Club	215 Railroad Ave Ste B2 Hilo, HI 96720	808-933-1544	1
Penn Fitness & Training Center	639 Kinoole St Hilo, HI 96720	808-961-6989	1
The Brave Fitness	215 Railroad Ave Hilo, HI 96720	808-640-0263	1
YMCA - The Island of Hawaii	300 W Lanikaula St Hilo, HI 96720	808-935-3721	1
<b>KAILUA KONA</b>			
Fitness Forever	75-5660 Kopiko St Ste 1A Kailua Kona, HI 96740	808-498-4548	1
Pacific Island Fitness	74-5583 Luhia St Ste B9 Kailua Kona, HI 96740	808-334-1977	1
Pohaku Strength & Conditioning	74-5616 Alapa St Ste 7 Kailua Kona, HI 96745	808-960-3752	4

FITNESS CENTER	ADDRESS	PHONE	TIER
<b>KAILUA KONA (Continued)</b>			
<b>The Club</b>	<b>75-5699 Kopiko St Kailua Kona, HI 96740</b>	<b>808-936-4108</b>	<b>2</b>
<b>The Yoga Nest</b>	<b>75-159 Lunapule Rd Ste 9 Kailua Kona, HI 96740</b>	<b>808-895-5053</b>	<b>4</b>
<b>KAMUELA</b>			
<b>Kuleana Wellness Club</b>	<b>64-1035 Mamalahoa Hwy Ste T Kamuela, HI 96743</b>	<b>808-780-7355</b>	<b>2</b>
<b>Waimea Yoga</b>	<b>65-1237 Kawaihae Rd Kamuela, HI 96743</b>	<b>808-937-4613</b>	<b>3</b>
<b>KEALAKEKUA</b>			
<b>Club Rehab Mauka Clinic</b>	<b>79-7422 Mamalahoa Hwy Kealahou, HI 96750</b>	<b>808-322-8400</b>	<b>1</b>

<sup>1</sup>Earn your annual \$200 reward by exercising 45 days a calendar year for at least 30 minutes per session at a participating or qualified out-of-network fitness center. Only 1 visit per calendar day will count towards your requirement. Qualifying fitness centers must offer regular cardiovascular, flexibility, and/or resistance training exercise programs; established physical facility must offer a membership agreement; and must be overseen by staff. Fitness centers outside of the 50 U.S. states and the District of Columbia do not qualify.

Information in this directory may change without notice. Network is provided through American Specialty Health Fitness, Inc. (ASH Fitness). Fitness centers within this listing may cater to a specialized population, including but not limited to, gender. Members are encouraged to contact the fitness centers to find out whether a fitness center fits their needs. Kaiser Permanente Fit Rewards is administered by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH) through its Active&Fit® program. Active&Fit is a federally registered trademark of ASH and used with permission herein.

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