

Kaiser Permanente

All over Southern California, people turn to Kaiser Permanente for better-informed care and support for total health.

Easy access

With Kaiser Permanente, it's simple to find the care you need. Along with primary care, urgent care, emergency care, and labor and delivery, members have convenient access to a wide choice of specialty services.¹ Our specialty care departments range from allergy to urology, and everything in between.

Everything under one roof

Most of our locations include pharmacy, lab, X-ray services, and more.

Personalized care

Whether you come into a Kaiser Permanente facility for a routine visit, urgent care, or emergency care, your doctors, nurses, and specialists can see your medical information instantly.

¹By referral only.

²Services described here are provided on a fee-for-service basis. These services are not provided or covered by Kaiser Foundation Health Plan, Inc., and you are financially responsible to pay for them. Clinical services are provided by providers or contractors of The Permanente Medical Group, Inc. Results of services vary among patients and cannot be guaranteed. Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals may receive compensation for providing facilities and/or other support in connection with these services. For specific information about your health plan benefits, please see your *Evidence of Coverage*.

	Facility highlights	<ul style="list-style-type: none"> • 385 hospital beds • 66 Emergency Department beds • 24-hour pharmacy
	Women and children's services	<ul style="list-style-type: none"> • Stage III Neonatal Intensive Care Unit • Completely remodeled Maternal-Child Health Suite
	Specialty care	<ul style="list-style-type: none"> • Gastroenterology • Genetics • Hematology/oncology • Infectious disease • Labor and delivery • Neonatology • Neurosurgery • Nuclear medicine • Oncology • Psychiatry • Pulmonology • Urology • Vascular surgery
	Specialty centers of care/expertise	<ul style="list-style-type: none"> • Cardiovascular care • Spinal surgery • Pediatric surgery • Neurosurgery • MOHS surgery
	Awards	<ul style="list-style-type: none"> • Named a "Top Hospital" by the Leapfrog Group on their 2012 Top Hospitals list. See leapfroggroup.org for more information. • <i>San Diego Union Tribune</i> "Best Hospital" and "Best Medical Group" in 2013 • Certified by the Joint Commission as a Primary Stroke Center • Designated Baby Friendly by the World Health Organization and UNICEF • <i>San Diego Magazine</i>: Top Doctors
	Community and wellness	<ul style="list-style-type: none"> • Cafeteria features healthy, sustainable food offerings • The Positive Choice Wellness Center offers medical weight loss, fitness services, biofeedback, and other health and wellness programs.²
	Cultural care	<ul style="list-style-type: none"> • Members have access to interpreters for more than 140 languages at any medical center. • Kaiser Permanente respects the health beliefs, values, and behaviors of California's culturally diverse population. • More than 8,000 Kaiser Permanente doctors and nurses in Southern California are bilingual. • Kaiser Foundation Health Plan-Southern California has earned the NCQA's Multicultural Health Care Distinction for providing excellent health care to diverse populations.

Locations in the San Diego area

We're here for you

Our members have 14 medical centers and 198 medical offices available to them in Southern California alone. To see facilities near your home or work, visit kp.org/thrive and click "Locate a facility."

U Urgent Care **E** Emergency Care **P** Pharmacy

- 1 Bonita Medical Offices**
3955 Bonita Road
Bonita, CA 91902
P
- 2 Bostonia Medical Offices**
1630 E. Main St.
El Cajon, CA 92021
P
- 3 Carlsbad Medical Offices**
6860 Avenida Encinas
Carlsbad, CA 92011
P
- 4 Carmel Valley Medical Offices**
3851 Shaw Ridge Road
San Diego, CA 92130
P
- 5 Clairemont Mesa Medical Offices**
7060 Clairemont Mesa Blvd.
San Diego, CA 92111
P
- 6 El Cajon Medical Offices**
250 Travelodge Drive
El Cajon, CA 92020
P
- 7 Escondido Medical Offices**
732 N. Broadway
Escondido, CA 92025
P
- 8 Garfield Specialty Center**
5893 Copley Drive
San Diego, CA 92111
P
- 9 La Mesa Medical Offices**
8080 Parkway Drive
La Mesa, CA 91942
U P
- 10 Oceanside Medical Offices**
3609 Ocean Ranch Blvd.
Suite 104
Oceanside, CA 92056
P
- 11 Otay Mesa Medical Offices**
4650 and 4660 Palm Ave.
San Diego, CA 92154
U I P
- 12 Palomar Health* Downtown Campus**
555 E. Valley Parkway
Escondido, CA 92025
U I P
- 13 Palomar Medical Center***
2185 W. Citracado Parkway
Escondido, CA 92029
E P
- 14 Point Loma Medical Offices**
3250 Fordham St. and
3240 Kenyon St.
San Diego, CA 92110
P
- 15 Rancho Bernardo Medical Offices**
17140 Bernardo Center Drive
San Diego, CA 92128
P
- 16 Rancho San Diego Medical Offices**
3875 Avocado Blvd.
La Mesa, CA 91941
P
- 17 San Diego Medical Center**
4647 Zion Ave.
San Diego, CA 92120
E P
- 18 San Marcos Medical Offices**
400 Craven Road
San Marcos, CA 92078
U I P
- 19 Vandever Medical Offices**
4405 Vandever Ave.
San Diego, CA 92120
U P
- 20 Vista Medical Offices**
780 Shadowridge Drive
Vista, CA 92083
P

■ Medical Center **●** Medical Office
□ Affiliated Hospital **○** Affiliated Medical Office



Map not to scale

*Affiliated Plan facilities provide selected inpatient and/or outpatient hospital and emergency services. Use of the Emergency Department for urgent care may not be paid for by Kaiser Permanente.