Maria Guzman's passion for patients started when she witnessed hospital staff treat her close loved ones who were fighting cancer with such love and compassion. It was because of this she quickly fell in love with health care and decided she wanted to make a difference in the healing experience. Maria currently works as an Environment Services Aide at Kaiser Permanente's Anaheim Medical Center and is working towards becoming a registered nurse. Her own love and compassion keep her motivated to go above and beyond for patients during the pandemic, and she was recently selected as one of five Southern California health care heroes honored as part of the “Los Nuevos Héroes” community campaign from Univision and Hyundai.

Maria feels the pandemic has not only drastically changed the way staff at the Anaheim Medical Center work and treat patients but has also created even more need where there was already in abundance. She says it’s really hard for her to see patients going through all of this, and it makes it much worse to see them all alone day in and day out. But everyone in the hospital, no matter their position, is ready and willing to be there for the people that need them, despite the risks.

“I am very proud of the nurses and doctors that keep working and caring for patients. I hope to be one of them one day.”

As we continue to battle through this pandemic, Maria wants everyone to take their responsibility to continue to be cautious and keep their families safe seriously.

“I know it’s hard during the holidays. I want to be with my family too. But we have to keep it up because our resources are running low and it’s getting harder to care for more and more patients.”

She hopes everyone will keep wearing their masks and protecting themselves and their families.