



Walk with a Doc

Grab a pair of comfortable shoes and meet us for a walk. Enjoy the fresh air, good company and opportunity to get fit and have some fun!

At “Walk with a Doc” you’ll find your local Kaiser Permanente physicians who are taking steps toward better health. We welcome walkers of all ages and experience levels. You don’t need any special gear and there are no special rules. Face masks/coverings are encouraged.

If you are interested in joining us, simply arrive at the Santa Monica Medical Offices ready to walk by 5pm on the date listed.

Dates:

- September 26, 2022
- October 24, 2022
- November 28, 2022
- December 19, 2022

Time: 5 p.m. to 6 p.m.

Location:

Kaiser Permanente
Santa Monica Medical Offices
1450 10th Street
Santa Monica, CA 90401

Meet at the front entrance of the building