

Gender-Affirming Surgery

Facial Masculinization Surgery

FAQ

KP Southern California Gender Health Services

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Who will be my surgeon?

- Kaiser Permanente Southern California has surgeons who perform facial gender-affirming surgery. All of our surgeons are board certified in plastic surgery and head and neck surgery with extensive experience and training in facial reconstruction surgery.

What can I expect at my consult?

- At your consult, your surgeon will discuss the different facial masculinization procedures and which (if any) procedures would be medically indicated for you.
- Based on your facial structure, you may be eligible for multiple procedures, one procedure or your surgeon may determine that no procedures are medically indicated for you.

How will my surgeon determine what is medically indicated for me?

- Procedures that meet reconstructive surgery standards are medically indicated. For the procedure to be considered reconstructive, the current facial structure must fall outside the wide range of normal for a masculine face. If a procedure does not meet reconstructive standards, the procedure is not considered medically indicated and therefore would be considered cosmetic.

What are some of the common facial masculinization procedures?

- **Forehead contouring:** A procedure that masculinizes the forehead
- **Mandible contouring:** A procedure that masculinizes the jaw and/or chin

What are other less common facial masculinization procedures?

- **Rhinoplasty:** a procedure to masculinize the nose

What are examples of facial reconstructive procedures that typically are not medically indicated for facial ?

- Blepharoplasty (eyelid surgery)
- Cheek augmentation
- Face lift

How can I learn more about my benefits?

- Call Member Services at 800-464-4000

What do I need to know about the day of surgery?

- Your surgeon will schedule a pre-op appointment with you prior to your surgery date and give you all the necessary instructions for surgery and post op care.
- Your surgery will be done in an Operating Room under general anesthesia. Some patients will go home the same day as surgery and others will spend one night in the hospital after surgery. Your surgeon will let you know the care plan for you.