

# Gender-Affirming Surgery

## Facial Feminization Surgery

### FAQ

KP Southern California Gender Health Services

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#### Who will be my surgeon?

- Kaiser Permanente Southern California has specialized surgeons who perform facial feminization surgery. Each surgeon is board certified in reconstructive plastic surgery or facial plastics head and neck surgery with extensive experience and training in facial feminization surgery.
- Our surgeons are located at KP West Los Angeles, Los Angeles, Downey, Woodland Hills, Fontana and San Diego medical centers.

#### What can I expect at my consult?

- At your consult, your surgeon will discuss the different facial feminization procedures. Based on your facial structure, you may be eligible for multiple facial feminization procedures, one facial feminization procedure or your surgeon may determine that no facial feminization procedures are medically indicated for you.

#### How will my surgeon determine what is medically indicated for me?

- Procedures that meet reconstructive surgery standards are medically indicated. For the procedure to be considered reconstructive, the current facial structure must fall outside the wide range of normal for a feminine face. If a procedure does not meet reconstructive standards, the procedure is not considered medically indicated and therefore would be considered cosmetic.

#### What are some of the common facial feminization procedures?

- **Forehead feminization:** A procedure that feminizes the forehead area, including hairline advancement, frontal sinus set back and brow reshaping
- **Mandibular contouring:** A procedure that feminizes the jaw and/or chin

#### What are other less common facial feminization procedures?

- **Rhinoplasty:** a procedure to feminize the nose

#### What are examples of facial reconstructive procedures that typically are not medically indicated for facial feminization?

- Blepharoplasty (eyelid surgery)
- Cheek augmentation
- Lip lift
- Face lift

#### How can I learn more about my benefits?

- Call Member Services at 800-464-4000

#### What do I need to know about the day of surgery?

- Your surgeon will schedule a pre-op appointment with you prior to your surgery date and give you all the necessary instructions for surgery and post op care.
- Your surgery will be done in an Operating Room under general anesthesia. Some patients will go home the same day of surgery and others will need to spend 1 night in the hospital after surgery. Your surgeon will let you know the specific care plan for you.