

# Fertility Preservation Steps for Transfeminine Patients

(Not Undergoing Hormone Therapy)

Your physician has determined that you may be a candidate for fertility preservation due to your treatment plan for gender-affirming hormone therapy and/or orchiectomy (removal of testicle(s)), both of which may lead to infertility.

Fertility preservation for transfeminine patients is also known as sperm banking. Sperm is collected at a clinic through masturbation and cryopreserved for an indefinite amount of time. The fertility preservation process can take 1-2 weeks.

Please read the outline of steps below and refer to your physician for any questions and/or concerns.



## Step 1: CONSULT

You will complete a consult with a Urologist who specializes in fertility. Consult is typically via telephone appointment.



## Step 2: COLLECTION OF SPERM SAMPLE

You will be referred to an outside facility to provide an ejaculatory sperm sample and have blood drawn for required Sexually Transmitted Infection labs.

DISCLAIMER: If you are experiencing anxiety, depression, or mood changes please contact your physician or mental health provider.