

Our Commitment to Quality Stroke Care

Kaiser Permanente South Bay Receives Get with The Guidelines Stroke Gold Plus Award

Kaiser Permanente South Bay Medical Center believes strongly in delivering the highest quality health care services, and this was underscored by receiving the [American Heart Association](#)'s 2021 Get with The Guidelines®-Stroke Gold Plus Quality Achievement Award that recognizes exceptional care for stroke patients.

To be named a recipient of this prestigious award, Kaiser Permanente South Bay had to meet specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period.



“Kaiser Permanente South Bay Medical Center is dedicated to improving the quality of care for our stroke patients by implementing the American Heart Association’s Get with The Guidelines-Stroke initiative,” said Margie Harrier, RN, senior vice president and area manager. “The tools and resources provided help us track and measure our success in meeting evidenced-based clinical guidelines developed to improve patient outcomes.”

These measures include evaluation of the proper usage of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, stroke patients also needed to receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

“We are pleased to recognize Kaiser Permanente South Bay for their commitment to stroke care,” said Lee H. Schwamm, M.D., national chairperson of the Quality Oversight Committee and Executive Vice Chair of Neurology, Director of Acute Stroke Services, Massachusetts General Hospital, Boston, Massachusetts. “Research has shown that hospitals adhering to clinical measures through the Get with The Guidelines quality improvement initiative can often see fewer readmissions and lower mortality rates.”

Kaiser Permanente South Bay Medical Center joined all Kaiser Permanente hospitals in Southern California and Hawaii in receiving this prestigious award.