



From left: Joseph Chen, MD; Abtin Foroohar, MD

put me **WHEREVER**
I CAN HELP

Abtin Foroohar, MD, Orthopedics at South Bay Medical Center and Joseph Chen, MD, Plastic Surgery at Carson Medical Offices extended a hand to save a finger.

A patient had come into the ER with such extensive bone and nerve damage to his finger that he was in danger of losing it. Kaiser Permanente typically arranges for finger-saving surgery to be done at a contracted facility which specializes in this type of operation, but nothing was available.

Drs. Foroohar and Chen had not performed this complex procedure in years yet they

didn't hesitate to step outside their comfort zone when a patient's well-being was on the line. Their courage, talent, and willingness to operate saved the day — and a finger.

"I became a physician to help people and this was a perfect opportunity to do that," says Dr. Foroohar. Dr. Chen agrees. "My philosophy is, put me wherever I can help," he says. "It's especially meaningful to me to be able to preserve someone's quality of life, or give them a better one."