

COVID-19 After Testing Instructions

You have been tested for the Novel Coronavirus (COVID-19). Results are usually available within 48 hours but may take longer.

- **Want lab results fast?? Call 1-888-457-8378.** Results will also be available on kp.org. If you do not have an account, please sign up today at www.kp.org and click on “Register.” **Please do not return to a Kaiser Permanente facility for your results.**
- If your symptoms worsen, please contact Kaiser Permanente at 1-833-KP4CARE (1-833-574-2273) (TTY 711) to talk to a licensed provider 24/7.
- Stay home from work, school and away from other public places. If you must go out, always maintain social distancing and wear a mask.
- Wash your hands often with soap and water for at least 20 seconds and/or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid touching your face. Sneeze or cough into a tissue or the inside of your elbow.
- As much as possible, stay in a specific room and away from other people in your home. Use a separate bathroom, if available. Avoid sharing personal items with other people in your household like dishes, towels and bedding.
- Disinfect frequently used items and surfaces as much as possible.
- Get rest and stay hydrated
- For medical emergencies, call 911 and notify the dispatch personnel that you have or may have COVID-19.
- For online up to date information, please see the link below for the Centers for Disease Control and Prevention (CDC):

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>