

# together

2013 San Fernando Valley Community Benefit Grants  
Total: \$250,000

**Boys & Girls Club of San Fernando Valley** received funding to provide low-income underserved children with the Triple Play health education and physical activity program at the club site in Pacoima.

**California State University Northridge (CSUN)** received funding to support a comprehensive nutrition and exercise program for elementary students, parents, and school staff to increase awareness of healthy behaviors and reduce rates of childhood obesity.

**The Center for Individual and Family Counseling** received funding to provide low-income at-risk youth and their families with school-based mental health counseling at three northeast San Fernando Valley schools.

**Center for the Partially Sighted** received funding to provide low vision optometric, psychosocial and rehabilitation services to visually impaired individuals helping to mitigate the effects of eye disease on health.

**Child Care Resource Center** received funding to improve physical activity for children birth through 5 years old in child care settings through a partnership between CCRC and the CSUN kinesiology department and expand the program to other Family Child Care home centers.

**The City of San Fernando** received funding to provide a no-cost, accessible, and sustainable community public park-based diabetes prevention program in partnership with CSUN kinesiology students which includes physical activity, nutrition, and health education based on published evidence-based programs.

**Cri-Help** received funding to provide HIV/AIDS and addiction case management services for low income uninsured individuals in their residential, outpatient, and sober living facilities in the San Fernando Valley.

**El Nido Family Centers** received funding to support a bilingual nurse (RN) to provide evaluation, education, intervention, medical plan coordination, and monitoring for high risk pregnant/parenting teens and their infants, including in-home/outreach visits.

**Hope of the Valley Rescue Mission** received funding to support a year-round emergency shelter and Access Center providing mental health counseling and referrals, case management services and temporary shelter to homeless individuals.

**LIFT – Levántate** received funding to support Levántate's Latino School/Family Wellness Program utilizing evidenced-based practices and innovative programs tailored for the San Fernando community to reduce obesity and diabetes among students.



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**Meeting Each Need with Dignity (MEND)** received funding to support volunteer health professionals to provide medical, vision and dental care visits to low-income patients who have no health insurance and are not eligible for benefits.

**New Directions for Youth** received funding to support Health Watch, an obesity prevention program promoting physical fitness, healthy lifestyles and good nutrition for low-income at-risk youth who are disproportionately affected by childhood obesity.

**Northeast Valley Health Corporation (NEVHC)** received funding to support a San Fernando Health Center Convenient Care Family Practice Physician to offer visits for adult episodic care, improving access and reducing Emergency Room rates.

**Pacoima Beautiful** received funding to support the SHHC program, a community-based, participatory model in which lay health-educators (Promotoras) conduct culturally sensitive bi-lingual asthma education and home visits in Pacoima.

**Penny Lane Centers** received funding to provide low income individuals with school-based mental health services in Title I LAUSD schools in the San Fernando Valley.

**Project Angel Food** received funding to provide nutritionally appropriate home delivered meals to people debilitated by HIV/AIDS, cancer and other life-threatening illnesses in the San Fernando Valley.

**Rescue Mission Alliance (San Fernando Valley Rescue Mission)** received funding to provide case management, after-care services to families that complete a residential program to help them successfully transition to independent living.

**Socrates Opportunity Scholarship Foundation (SOS Mentor)** received funding to support ShapeUp, a 15-week mentoring program that promotes healthy eating and active living while training high school students to then mentor elementary school students as well as incorporating a healthy lifestyles campaign in LAUSD schools for students.

**Special Olympics Southern California** received funding to improve the health and fitness of individuals with intellectual disabilities in the San Fernando Valley through participation in year-round sports, health, and fitness programs.

**Students Run LA (SRLA)** received funding to support a training conference for the volunteer SRLA teacher/leaders with information on nutrition, health, and safe training practices to help at risk youth train to run the Los Angeles Marathon.

**Valley Community Clinic** received funding to support the Healthy Life Choices program which will provide culturally sensitive, bilingual education for patients in the San Fernando Valley with uncontrolled/poorly controlled diabetes, hypertension, high cholesterol/triglycerides, or who are obese.

**Valley Family Center** received funding to support the Culturally Competent Counseling Program which provides individual, couple, and family therapy to low income children and adults in the San Fernando Valley.

**YMCA - East & Mid Valley Family** received funding to support Active Kids/Active Families, a healthy eating active living program modeled after KP Kids, to low income children and families with direct referrals from Title I LAUSD school nurses.

**Youth Speak Collective** received funding to engage youth and the community in gardening, nutritional education workshops and physical fitness activities at Project Youth Green's community garden in the low income area of Pacoima.

# together

**2013 Santa Clarita Valley  
Community Benefit Grants  
Total: \$62,626**

**Boys & Girls Club of Santa Clarita Valley** received funding to encourage low income youth in the Santa Clarita Valley to adopt healthy lifestyles through exercise, hiking, team and recreational sports, and healthy eating.

**Bridge to Home** received funding to expand its Healthy Lives program by adding a Medical Coordinator position to coordinate the on-site free dental services and health screenings for homeless individuals in the Santa Clarita Valley as well as provide case management and referrals to medical care.

**Carousel Ranch** received funding to provide equestrian therapy and physical exercise for children with special needs who are at risk of obesity resulting from a sedentary lifestyle.

**Child & Family Center** received funding to provide school-based mental health support and counseling for children showing early signs of behavioral health problems in elementary school.

**The Domestic Violence Center of Santa Clarita Valley** received funding to provide on-site mental health counseling support to victims of domestic violence and their children at the emergency shelter.

**Samuel Dixon Family Health Center** received funding to expand their brief counseling program providing mental health services for low income uninsured individuals who don't qualify for Medi-Cal at their Newhall Clinic site.

**Santa Clarita Valley Committee on Aging Corp** received funding to provide case management, health & wellness programming, and screenings to low income seniors in the Santa Clarita Valley.

**Santa Clarita Valley Youth Project** received funding to provide access to campus-based mental health services such as support groups and peer counseling for at-risk junior and high school students in the Santa Clarita Valley.



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