



## Healthful Harvest

Improving access to high quality healthcare can transform a community and that's exactly what happened in the city of Arvin on November 6, 2022, when **Kaiser Permanente**, Dignity Health, Kern Medical, Adventist health and dozens of community partners joined forces to host Healthful Harvest.

Arvin is a rural community located 15 miles Southeast of Bakersfield. Arvin's economy is primarily based on agriculture with approximately 30% of the community living in poverty with a median household

income of \$39,750 as of 2019. Healthful Harvest was the first event of its kind to offer free community wellness services to any interested community member.

Approximately 300 residents attended the event to receive cervical cancer screenings, mammograms, COVID & Flu vaccinations, eye exams, childhood immunizations, dental screenings, mental health resources, and other vital healthcare resources and services. All attendees were given a Healthcare passport upon arrival and were encouraged to visit all the booths to receive education, health services, and resources.

We would like to thank all the volunteers that were able to help at this historic event to provide lifesaving breast exams and cervical cancer screenings to 15 women, a few of which mentioned it was their first time visiting a provider for this screening.

