

Breastfeeding Support Group In-Person



Come join the Breastfeeding Support Group in-person led by a Lactation Specialist. No appointment needed and there is no fee for Kaiser Permanente members. We look forward to meeting you and your baby.

Topics Discussed:

- Positioning
- Latch
- Milk Supply
- Pumping
- Weaning
- Returning to Work
- Travel
- Emotions
- Crying and Calming
- Infant Sleep

The group meets on the first Tuesday of the month from 9:30 a.m. to 11:00 a.m. If this date falls on a Holiday, the group will meet on the second Tuesday of the month (July).

2023 Meeting Dates
6/6/2023
7/11/2023
8/1/2023
9/5/2023
10/3/2023
11/7/2023
12/5/2023

Location:

Orchard Medical Offices
9449 Imperial Highway
Downey Ca 90242. ROOM 041

Note that the room is located on the 4th floor near the OB/GYN department (building D, purple color).
Questions? Call Denise Breheny RN at 562-657-2470.

Link for Support Group Updates (under Obstetrics/Gynecology):

<https://thrive.kaiserpermanente.org/care-near-you/southern-california/downey/health-care-services/specialty-care/>

Running late? It's okay. Come when you can.