

Product List

Foot & Ankle Products

Superfeet® Arch supports:

- Green – most firm support (casual/sport)
- Blue – mid-grade support (casual/sport)
- Black – most thin support (dress shoes/cleats)
- Berry – midgrade women’s support w/forefoot cushion
- Orange – midgrade men’s support w/forefoot cushion
- Copper – midgrade support w/full length cushion (work boots)

Anti-Shox Insoles: Soft orthotics

Kiddythotics*:

*Provider’s recommended size: A B C D E F G

Ankle Braces*: Sports ankle brace or Universal ankle brace

*Provider’s recommended size: XS S M L XL

Stockings*: Calf-high anti-embolism stockings

*Provider’s recommended size: S M L XL 2X 3X

Felt Products:

- ¼” adhesive felt roll x1 yard
- Individual felt pads/lifts available:
 - Felt heel lifts
 - Felt arch/scaphoid pads
 - Felt callus pads
 - Felt metatarsal pads

Bunions:

- Gel bunion cushion (with toe loop)
- Gel toe separators
- Gel bunion cushion/spreader combo

Metatarsalgia:

- Gel ball of foot cushions
- Gel metatarsal cushions (with toe loop)
- Budin splint: single or doubletoe

Hammer toes:

- Gel toe caps: (Mini Small Med Large)
- Gel crest pad: (Right or Left)

Plantar fasciitis/Achilles tendonitis:

- Prowedge night splint

Sever’s Disease/Achilles tendonitis: (Circle Size: S M L)

- Gel heel cups/cushions
- Adjustable Heel Lifts (peel to size)

Physical Therapy Products

- Therabands (latex free)

Breastfeeding Support

- My Brest Friend Pillow

Healthy Living Classes & Resources

Recommended Classes:

- Diabetes Basics (English/Spanish)
- Healthy Weight
- Life Care Planning (Advanced Care Directives)
- Managing Your Stress
- Pathways to Emotional Wellness
- Prediabetes

Classes are a covered benefit for Kaiser members, no cost to members.

Individual Health Education Appts:

- Clinical Health Educators: Adults, Ob/Gyn, Pediatrics, & HIV
Call (707) 393-4167 to schedule
- Telephonic Wellness Coaches
Call 1-866-251-4008, kp.org/wellnesscoach

Healthy Living Center

Hours of Operation: Monday – Friday,
9:00 am – 5:00 pm, unless otherwise noted.

Phone: (707) 393-4167

Prices do not include sales tax. Prices are subject to change. All sales are final.

Listed products are sold at the Healthy Living Center, located on the first floor at 2240 Mercury Way, Santa Rosa, CA 95407. See map below for location within the building.

