

Kaiser Permanente is offering a **walk-in flu vaccine clinic** this Fall to support the safety and health of our members.

INFORMATION FOR OUR WALK-IN FLU VACCINE CLINIC:

DATES: September 12, 2022 through November 19, 2022

HOURS: Monday to Friday 9 a.m. to 4:30 p.m.

LOCATION: Medical Office Building 6, 3rd floor Conference Rooms
2240 Mercury Way, Santa Rosa, CA 95407

Frequently asked questions:

Do I need an appointment?

No appointment is needed. Just drop in during the hours above.

Can I get a flu vaccine at my regularly scheduled doctor's appointment?

Yes. We encourage you to ask your provider for a flu vaccine at the time of any regularly scheduled appointment this Fall.

Can I get a flu vaccine at the laboratory or pharmacy?

Opportunities to receive a flu vaccine during a visit to our laboratories or pharmacies may be limited due to the need to avoid large crowds and the importance of physical distancing.

Do I need to wear a mask to receive the flu vaccine?

Yes. To ensure the safety of our members and staff, all patients receiving the vaccine will be asked to wear a mask. A mask will be provided if you do not have one on hand.

What should I bring to the flu vaccine clinic?

A mask, your Kaiser Permanente membership card and ID. It is helpful to wear a short sleeve shirt. Young children (age 4 and younger) should wear shorts, if possible.

Who should get the flu vaccine?

The CDC recommends the flu vaccine for everyone over the age of 6 months.

If I have an egg allergy, can I receive the flu vaccine?

Yes. Having an egg allergy is no longer a contraindication to receiving the flu vaccine. It is safe to receive the flu vaccine if you have an egg allergy.

Can I get the flu from getting a flu vaccine?

No. The flu vaccine does NOT give people the flu. Common side effects from the flu vaccine include fever, body aches, or headache. Soreness, redness or swelling where the shot was given may also occur.

When should I get the flu vaccine?

Since it takes two weeks for the body to create protective antibodies, it's best to get vaccinated before the flu season begins.

Should I come to the flu vaccine clinic if I am pregnant?

No. All pregnant women must receive their vaccine at the OBGyn clinics located at our Main Campus on Bicentennial Way or at our Mercury Way campus. Their hours of operation are Monday through Friday 8:30 a.m. to 5 p.m.

Should I come to the flu vaccine clinic if I am feeling ill?

No. We want to prevent spreading the flu or Covid19 to other people as much as possible. Mild flu symptoms are best treated at home. Medical advice is always available by calling our appointment and advice line at 707-393-4044.

More details about seasonal flu are available on the web at kp.org/flu or by using our flu hotline at 707-393-4832.