

Healthy Living Center

Foot & Ankle Products

Superfeet®Arch supports:

- Green – most firm support (casual/sport) \$44.95
- Blue – mid-grade support (casual/sport) \$44.95
- Black – most thin support (dress shoes/cleats) \$39.00
- Berry –midgrade women’s support w/forefoot cushion \$49.00
- Orange – midgrade men’s support w/forefoot cushion \$49.00
- Copper –midgrade support w/full length cushion (work boots) \$52.00

Anti-Shox Insoles: Soft orthotics \$32.00

Kiddythotics*: \$50.00

*Provider’s recommended size: A B C D E F G

Ankle Braces*: Sports ankle brace or Universal ankle brace \$28.00

*Provider’s recommended size: XS S M L XL

Stockings*: Calf-high anti-embolism stockings \$14.75

*Provider’s recommended size: S M L XL 2X 3X

Felt Products:

- ¼” adhesive felt roll x1 yard \$16.00
- Sold in pairs:
- Felt heel lifts \$2.25
 - Felt arch/scaphoid pads \$2.25
 - Felt callus pads \$2.25
 - Felt metatarsal pads \$2.25

Bunions:

- Gel bunion cushion (with toe loop) \$13.00
- Gel toe separators \$12.00
- Gel bunion cushion/spreader combo \$11.00

Metatarsalgia:

- Gel ball of foot cushions \$10.00
- Gel metatarsal cushions (with toe loop) \$22.00
- Budin splint: single or doubletoe \$11.00/\$13.00

Hammer toes:

- Gel toe caps: (Mini Small Med Large) \$9.00
- Gel crest pad: (Right or Left) \$12.00

Plantar fasciitis/Achilles tendonitis:

- Dorsiwedge night splint \$55.00

Sever’s Disease/Achilles tendonitis: (Circle Size: S M L)

- Gel heel cups/cushions \$33.00
- Adjustable Heel Lifts (peel to size) \$14.75

Physical Therapy Products

Therabands (latex free):

- Yellow – Extra Light \$3.00
- Red – Light \$3.00
- Green – Medium \$3.00
- Blue – Heavy \$3.00

Breastfeeding Support

- My Brest Friend Pillow \$42.00

Healthy Living Classes & Resources

Recommended Classes:

- Alcohol & Your Health
- Diabetes Basics (Eng/Spanish)
- Healthy Weight
- Life Care Planning (Advanced Care Directives)
- Living Heart Healthy (Eng/Spanish)
- Managing Your Stress
- Pathways to Emotional Wellness
- Prediabetes

Classes are a covered benefit for Kaiser members, no cost to members.

Individual Health Education Appts:

- Clinical Health Educators: Adults, Ob/Gyn, Pediatrics, & HIV
Call (707) 393-4167 to schedule
- Telephonic Wellness Coaches
Call 1-866-251-4008,
Kp.org/wellnesscoach

Healthy Living Center

Hours of Operation: Monday – Friday,
9:00 am – 5:00 pm, unless otherwise noted.

Phone: (707) 393-4167

Prices do not include sales tax – All Sales are Final

Listed products are sold at the Healthy Living Center, located on the first floor at 2240 Mercury Way, Santa Rosa, CA 95407. See map below for location within the building.

