

**Cosmestic Surgery**

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**Breast Reduction**

Breast reduction surgery is done to change the size, weight, firmness, and shape of the breasts. Large breasts, especially when they are out of proportion to your height and weight, can be embarrassing. Teenagers and young women with large breasts may especially feel self-conscious wearing swimsuits and other types of clothing due to unwelcome attention to large breasts. It also may be hard to find clothes that fit well. Many women also experience back and neck pain, skin irritation and posture problems as a result of large heavy breasts. It is important to talk to your surgeon about the reasons you desire a breast reduction.