

Brow Lift

Your brow line, extending from your eyebrows to your hairline, is approximately one third of your face's total length. It's an expressive facial feature, and plays an important role in nonverbal communication, especially of your moods and thoughts. Deep furrows or drooping eyebrows can create a permanent scowl, making one look older, more tired, and even angry. A brow lift can be an effective procedure for rejuvenating your appearance and is often performed in conjunction with other procedures, such as eyelid surgery (blepharoplasty).

A brow lift can reduce the effects of a drooping forehead by elevating the brow and relaxing furrowed brow muscles. There are two kinds of brow lift: The coronal brow lift can be performed with an incision made just above the hairline to reduce the amount of visible scarring. Endoscopic forehead lifts use four small incisions. An endoscope is inserted underneath the forehead tissues to free their attachments and allow the brow to be elevated to a more youthful position. The muscles that cause forehead wrinkles can also be weakened to provide a smoother, more youthful result.

Both of these procedures are usually performed with a general anesthetic on an outpatient basis. You will need to keep your head elevated for two or three days after surgery to reduce the amount of swelling. You should be able to bathe 24 hours after surgery, and you will most likely be able to return to work within seven to ten days. Recovery time and risks vary depending on the type of procedure used. Your surgeon will explain the benefits and risks in detail during your consultation.