

# Digital Dialogue: Talking with Kids about Technology



**Between homework, gaming, watching YouTube and texting with friends, our pre-teens are spending more time than ever on their devices.**

## Parents are asking...

- How can I help my child balance screen-time?
- How do I stay on top of their online activity when it changes so quickly?
- How do I keep my kid safe as his/her online world gets bigger?
- How can I have constructive dialogue with my child on this topic?

## Set your family up for success by starting the conversation early.

Join Kaiser Permanente Santa Clara as we partner with My Digital TAT2 to provide a hands-on, interactive workshop.

## Topics include...

Online safety, responsible digital use, friendship and social media, gaming, navigating content and sleep.

<b>WHEN</b>	Saturday, January 27, 2018; 9:00am-12:00pm
<b>WHO</b>	4 <sup>th</sup> -6 <sup>th</sup> graders and one parent/guardian
<b>WHERE</b>	Kaiser Permanente Medical Office Building, 710 Lawrence Expressway, Conference Room A, Dept. 196
<b>REGISTER</b>	<b>There is no cost.</b> Please call (408) 851-9518 to register.

Meet our Digital TAT2 Teen Advisory Board!

Each family will receive a My Digital TAT2 Toolkit!

Refreshments will be served.