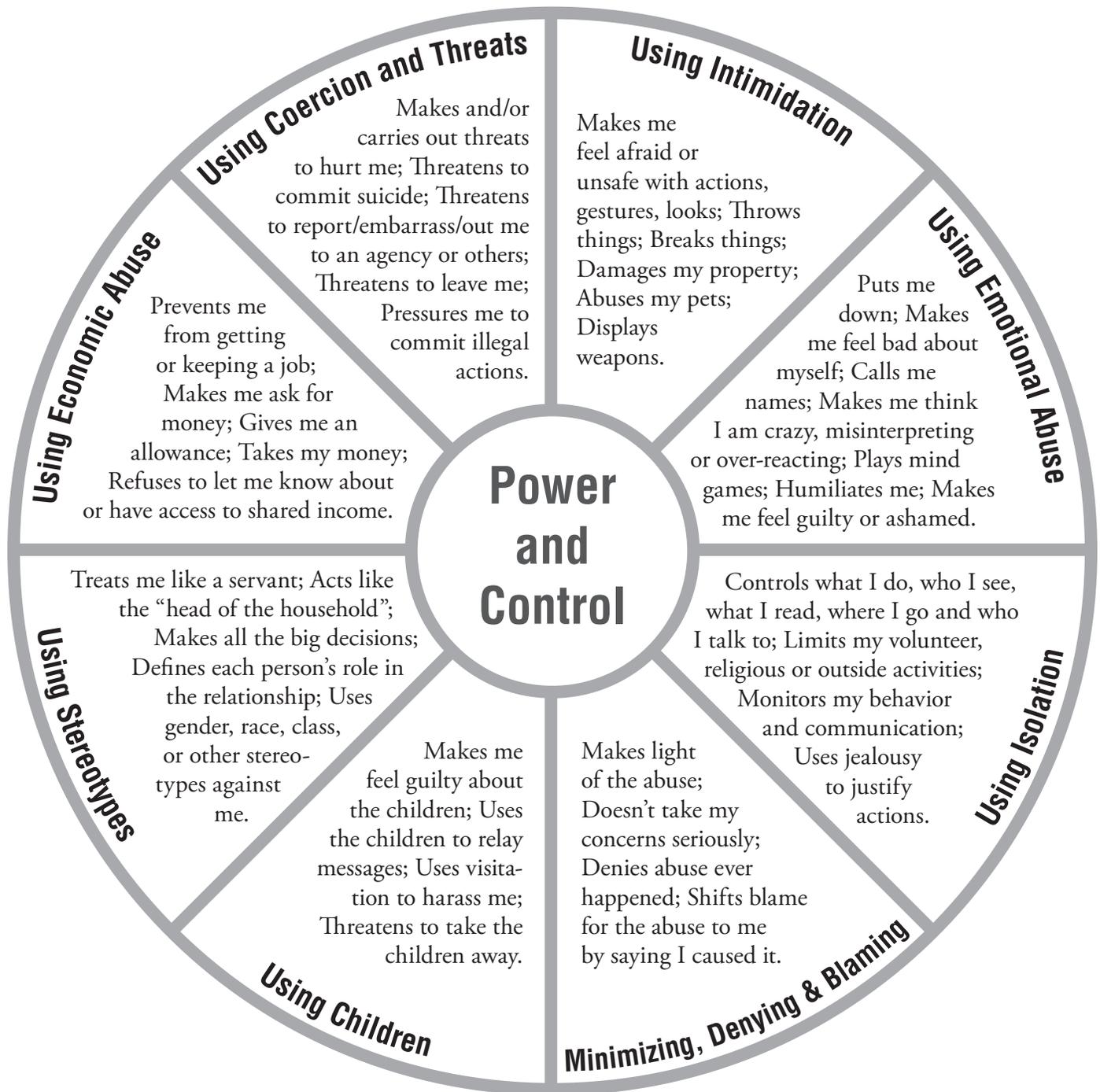


Understanding Abusive Relationships

Some people use physical or sexual violence to try to control their partner. Here are some other controlling behaviors and tactics that are common in abusive relationships:



The Power and Control Wheel was developed by the Domestic Abuse Intervention Project in Duluth, Minnesota, Adapted by Jen Snider, the Aurora Center, University of Minnesota. Further adapted by the Family Violence Prevention Program, Kaiser Permanente. Rev. 11/2016