

# Health Education Department Management



**Michelle Tinitigan, MD**  
**Chief of Patient Education**



**Yvonne Gallot, MPH**  
**Health Education Director**



**Aimee Abellar, MSBH**  
**Health Education Manager**

# Administrative Team



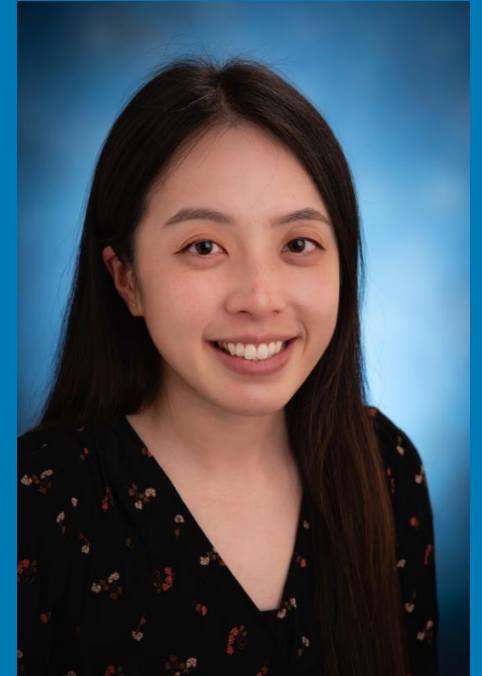
**Al Anub**  
Senior Staff  
Assistant



**Connie Bonilla**  
Health Education Assistant



**Lisa Huang Zhong**  
Health Education Assistant



**Tiffani Tom**  
Health Education Assistant

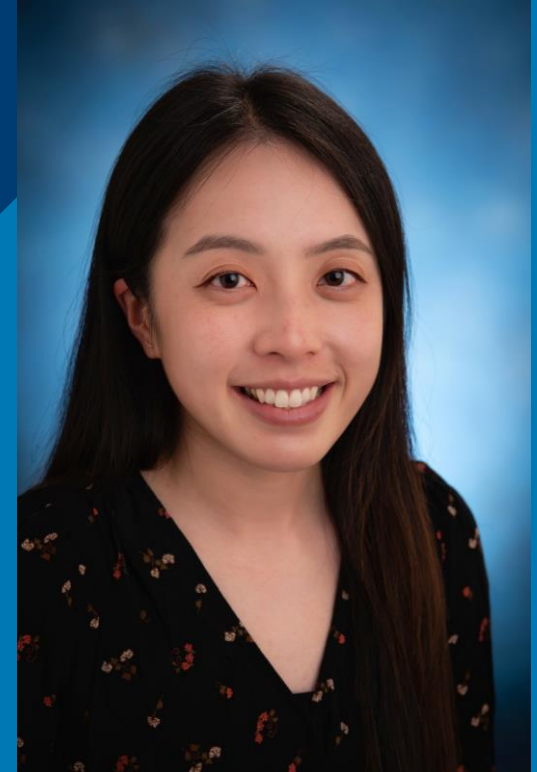
# Technology & Wellness Center



**Ayana Day**  
Project Manager II



**Lisa Huang Zhong**  
Health Education Assistant



**Tiffani Tom**  
Health Education Assistant



# Senior Health Educators



**Lisa Pecache, MPH**  
Tobacco Prevention &  
Weight Management



**Sarah Kohansal MPH, PhD**  
Behavioral Health &  
Diversity



**Simmy Jhattu, MPH**  
Prenatal & Pediatrics



**Juggy Jaspal, MPH,**  
Chronic Conditions &  
Senior Health

# Personal Health Coach Program



**Heather D'Eliso Gordon, RD, CSSD**  
**Registered Dietitian/Sports Dietitian Certified**  
**Plant-Based/Culinary Nutrition**  
**Nutrition Health Coach**



**Aleah Mainzer, MPT, CPT**  
**Licensed Physical Therapist**  
**Certified Personal Trainer & Pilates Instructor**  
**Fitness Health Coach**

# Medical Weight Management



**Mary Daly, MA, HHE  
Program Manager II**



**Kim Joy Revelo  
Health Education Assistant**



# Nutrition Clinic



**Hilda Carey**  
**MA, RD, CSP**  
**Registered Dietitian**



**Maiyu Fernandez**  
**MPH, RD**  
**Registered Dietitian**



**Heather D'Eliso-Gordon**  
**Registered Dietitian**  
**Sport Dietitian**



**Eunice Wong**  
**MS, RD, CDE**  
**Registered Dietitian**

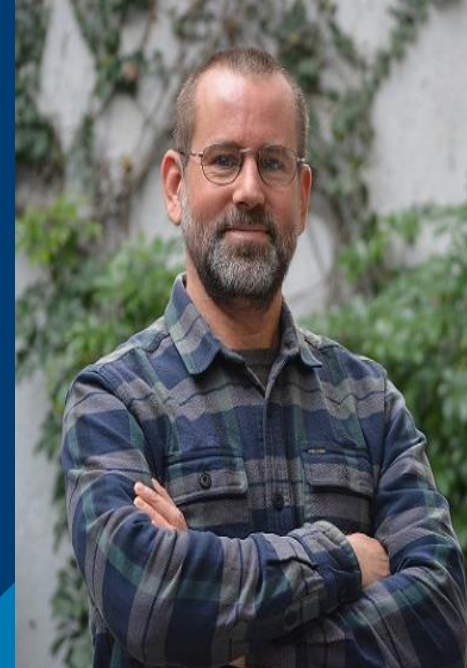
# Clinical Health Educators



**Suzanne Mak, BS**  
**Clinical Health Educator I**  
**AFM 2, Bilingual in Chinese**



**Ramon Ramirez, BA**  
**Clinical Health Educator I**  
**AFM 3, Bilingual in Spanish**



**Tim Regan, LCSW**  
**Clinical Health Educator II**  
**AFM 4**



**Lizzette Sandoval, BS**  
**Clinical Health Educator I**  
**Nutrition Dietetics**  
**AFM 9, Bilingual in Spanish**