

Support For Your Well Being

Coping and Care



Help Is Available

Distress is common in people with cancer, their family members and loved ones. It can make it harder to deal with the changes that come with a cancer diagnosis.

The stress of dealing with a devastating illness can affect parts of your life other than your feelings. It can affect how you think, what you do, and how you interact with others. Some distress is normal. Cancer is stressful.

Understanding your psychosocial health needs is a critical step for you to receive high-quality cancer care.

Oncology Social Work

- Your emotional and physical health are important to us. We would like to know more in order to identify resources that may help alleviate any immediate distress.
- Our team uses a screening tool to help measure your distress. After your medical team understands your concerns, they can work to address them in a timely manner.
- You may receive a call from a Kaiser Permanente Licensed Clinical Social Worker (LCSW) specializing in cancer care to talk with you in more detail about your concerns.
- Meet with us. There are no costs associated in consulting with or meeting with any of our Kaiser Permanente medical social workers.

Oncology Department

Monday - Friday
8:30 a.m. to 5 p.m.



510-248-3231
Referrals welcome

Multidisciplinary Care Team:

Physicians Pharmacists
Nurse Navigators
Registered Nurses
Registered Dietitians
Medical Social Workers

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult with your doctor.