

Oncology Nutrition Services

Fremont and San Leandro Medical Centers



Nutrition Services Available to You

Classes and 1:1 Nutrition Consultations by Phone, Online or In-Person Appointments

- Optimize nutrition status during chemotherapy
- Address chemotherapy-related side effects such as weight loss
- Discuss nutrition myths related to sugar and cancer, consuming soy and milk, organic foods
- Recommend meal and snack ideas
- Discuss nutrition after chemotherapy and tips to maintain a healthy diet throughout life
- Answer nutrition-related questions and provide resources

“Healthy Eating for Cancer Patients” video available upon request.

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult with your doctor.

ONCOLOGY DEPARTMENT

Multi-Disciplinary Care Team:

Physicians
Pharmacists
Nurse Navigators
Registered Nurses
Registered Dietitians
Medical Social Workers

Hours:

Monday-Friday
8 a.m. - 4:30 p.m.
Referrals Welcome



510-248-3237



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