

Surgery Consultation FAQ

Multi-Specialty Transitions Department – NORTHERN CALIFORNIA

Your surgery consultation is a chance for you to ask your surgeon questions that will help you make decisions about your surgery and prepare for your recovery. Remember, you have a right to be fully informed about any procedure you are considering.

Surgery

- What type of surgical technique do you use? Why?
- What choices will I need to make about how surgery is performed? Do I have options about size, appearance, or function? Can I make specific requests?
- Will the surgery be completed in one stage or will I need more than one surgery? How long will I be in the hospital for each stage?
- How will surgery impact sensation? When after surgery can I expect maximum sensation to return?
- How long will I be under general anesthesia? Who is involved in the surgery and who does what?
- Can I look at photos of your results?
- What are the most common complications from this procedure? What are the signs or symptoms?

Before Surgery

- How does my medical history impact this procedure? How far in advance should I quit smoking? Is there a minimum or maximum weight / BMI for surgery?
- Do you have any diet or lifestyle recommendations to promote healing before or after surgery?
- Will I need to stop any medications before surgery?

After Surgery

- What medications will I be prescribed? What dressing changes will I need to do after surgery? What do you recommend to reduce scarring?
- How soon after surgery can I walk a mile? Drive? Take public transit? Swim? Do strenuous exercise? Drink alcohol? Have sex?
- How long do people usually take off work or school after each stage?
- Will I have any lifetime maintenance I will need to be aware of after surgery?
- Will I need to adjust my hormones after surgery?

My Additional Questions

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