



## HIV Screening & Prevention Services Kaiser Permanente East Bay

### Self-Referral HIV Antibody Testing

Drop-in to any of our labs and request an HIV antibody test (blood test).  
Lab fee cost share applies. Your doctor's office will contact you with the result.

### PEP & PrEP

**PEP (HIV post exposure treatment to reduce the risk of HIV infection):**

Treatment must be started within 72 hours. Call an Advice Nurse (1-800-464-4000) or go to the emergency department right away if you are concerned about a possible exposure to HIV.

**PrEP (Truvada as PrEP; a daily medication to reduce the risk of HIV infection):**

Ask your doctor for a referral or call the HIV Health Educator at 510-752-6848 for more information.

Costs related to these services are based on your health plan coverage.

**For information about HIV, HIV testing and HIV prevention,  
please call our HIV health educator at (510) 752-6848.**

Testing is confidential. All Kaiser Permanente members 12 years of age and over may give their consent for an HIV test without a doctor's order.