



You can be a Surgeon

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The Permanente Medical Group

Kaiser Permanente Strive to Thrive
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Hey, google... show me a
doctor, a surgeon, a robotic
surgeon....





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Path to Surgery-



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- Long road
- Anyone can do it
- One step at a time
- Anything is possible



Undergraduate: Georgetown University

- Chemistry Major, English Minor
- Junior College
- You can have any major and go to medical school
- Premed

Biology, Biochemistry, Calculus, General Chemistry, Physics, Organic Chemistry

- Library
- MCAT Junior Year



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GEORGETOWN UNIVERSITY



Georgetown University School of Medicine

Years 1 and 2: “preclinical years”

Years 3 and 4: Clinical Rotations

- Medicine (inpatient and outpatient)
- Surgery
- Pediatrics
- OB/GYN
- Family Practice
- Subspecialties



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Match Day





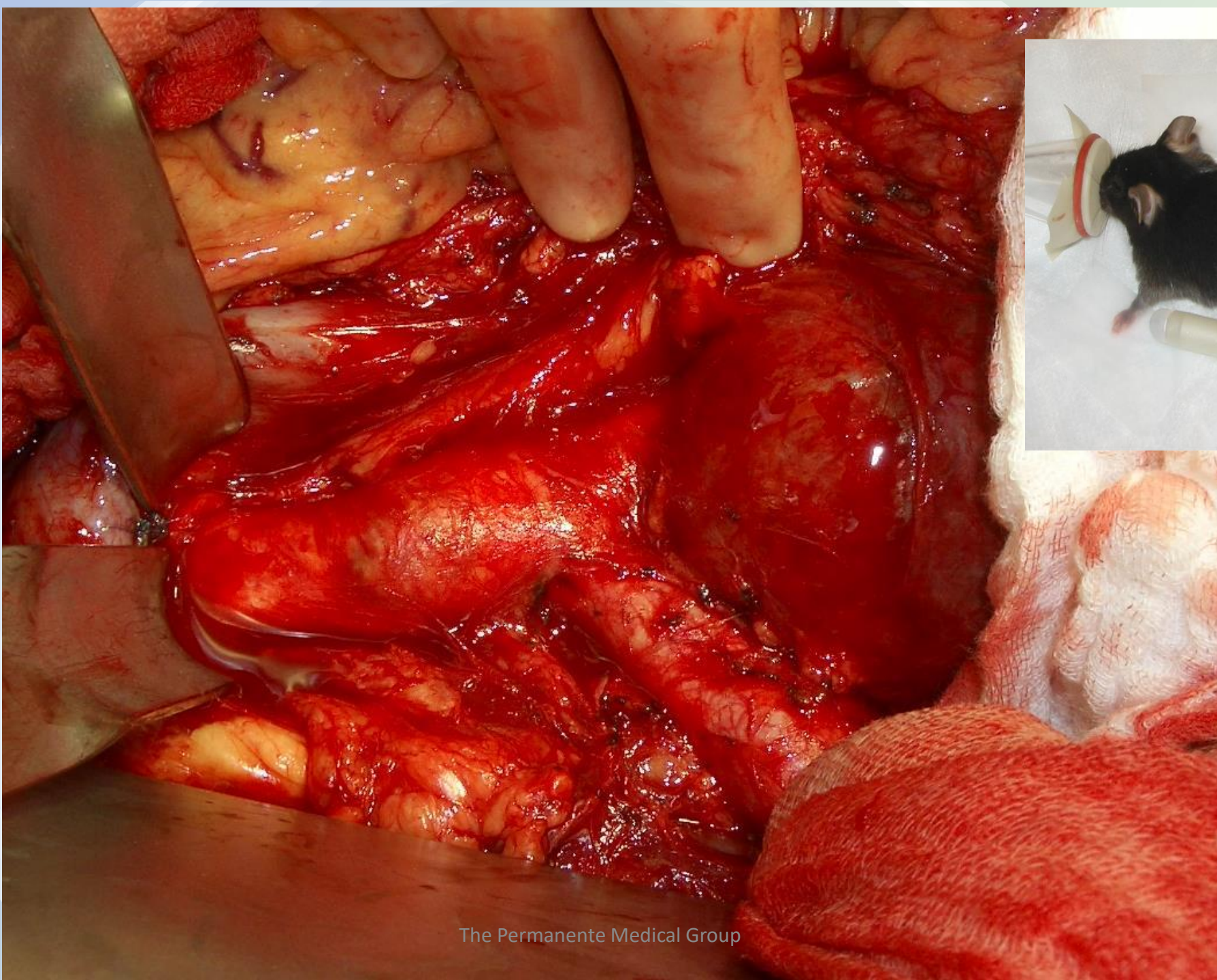
General Surgery Residency



- 5 years of clinical training
 - Operating room
 - Clinic
 - Wards
 - Call
- Research: 1-3 years







September 9, 2006



Surgery Mission to Guatemala



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After Graduation from Residency?

- One option: Fellowship

- Surgical oncology
- Colorectal Surgery
- Hepatobiliary surgery
- Breast
- Trauma/critical care
- Minimally invasive surgery
- Thoracic/Cardiac
- Vascular
- Plastics

- 1-3 years

- Advanced Laparoscopic Surgery (Minimally Invasive Surgery)

- Weight loss Surgery





After (or instead of) Fellowship... You get a job!

- Private Practice
- Community Practice
- Academic Practice
- Hybrid
- Other options: Business, public health, industry
- Medical Missions



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Permanente Medicine Career

- Clinical Focus: Robotics and Minimally Invasive Surgery
 - Adrenalectomy
 - Colon Cancer
 - Stomach Surgery
 - Abdominal Wall
 - Splenectomy
 - Acute Care Surgery
- Academic Appointments
 - Clinical Assistant Professor (Affiliated) in the Department of Surgery at Stanford University School of Medicine
 - Adjunct Clinical Assistant Professor of Surgery at Boston University School of Medicine
- Leadership
 - Chief of Service (Exceptional Care Experience)
 - Physician Recruitment
 - Regional Director of Robotics and Minimally Invasive Surgery
 - Chief of Surgery (first woman)
 - Assistant Physician-in-Chief





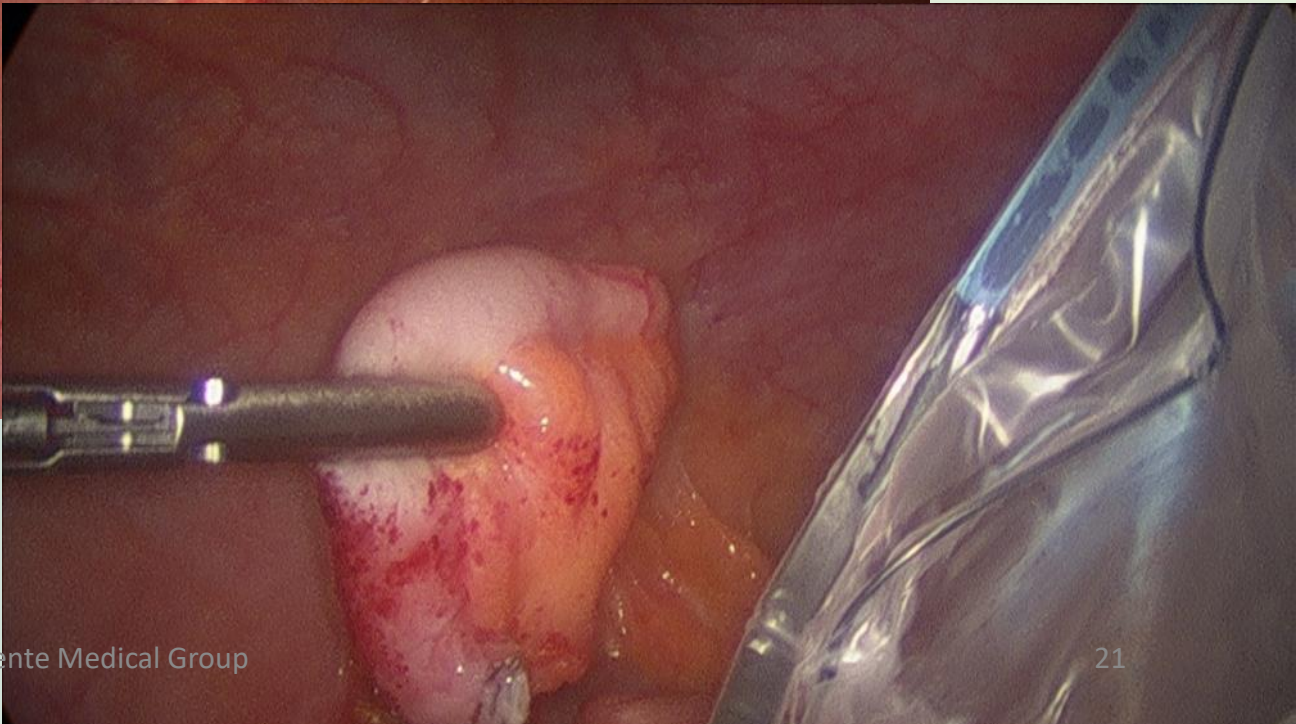
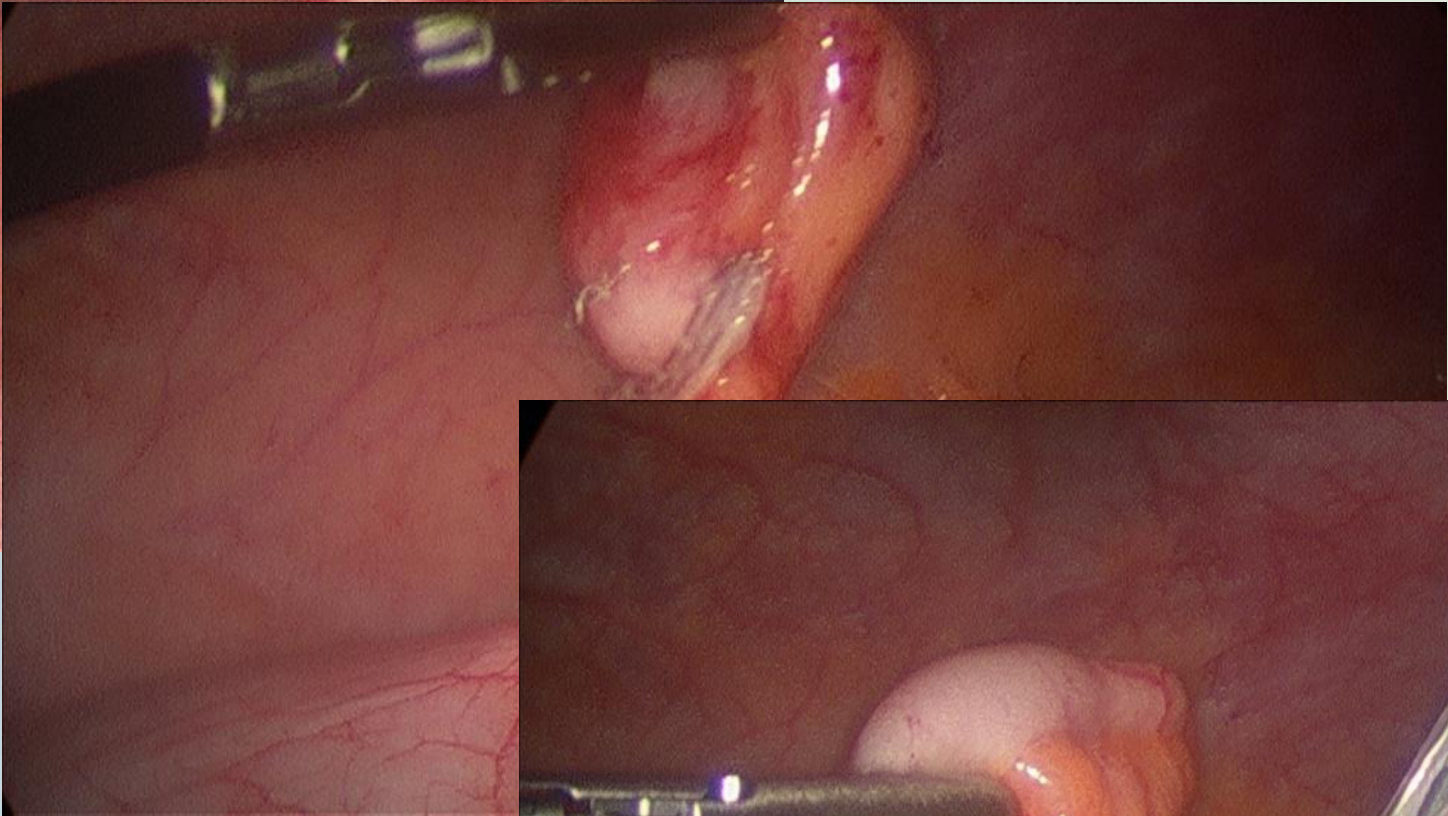
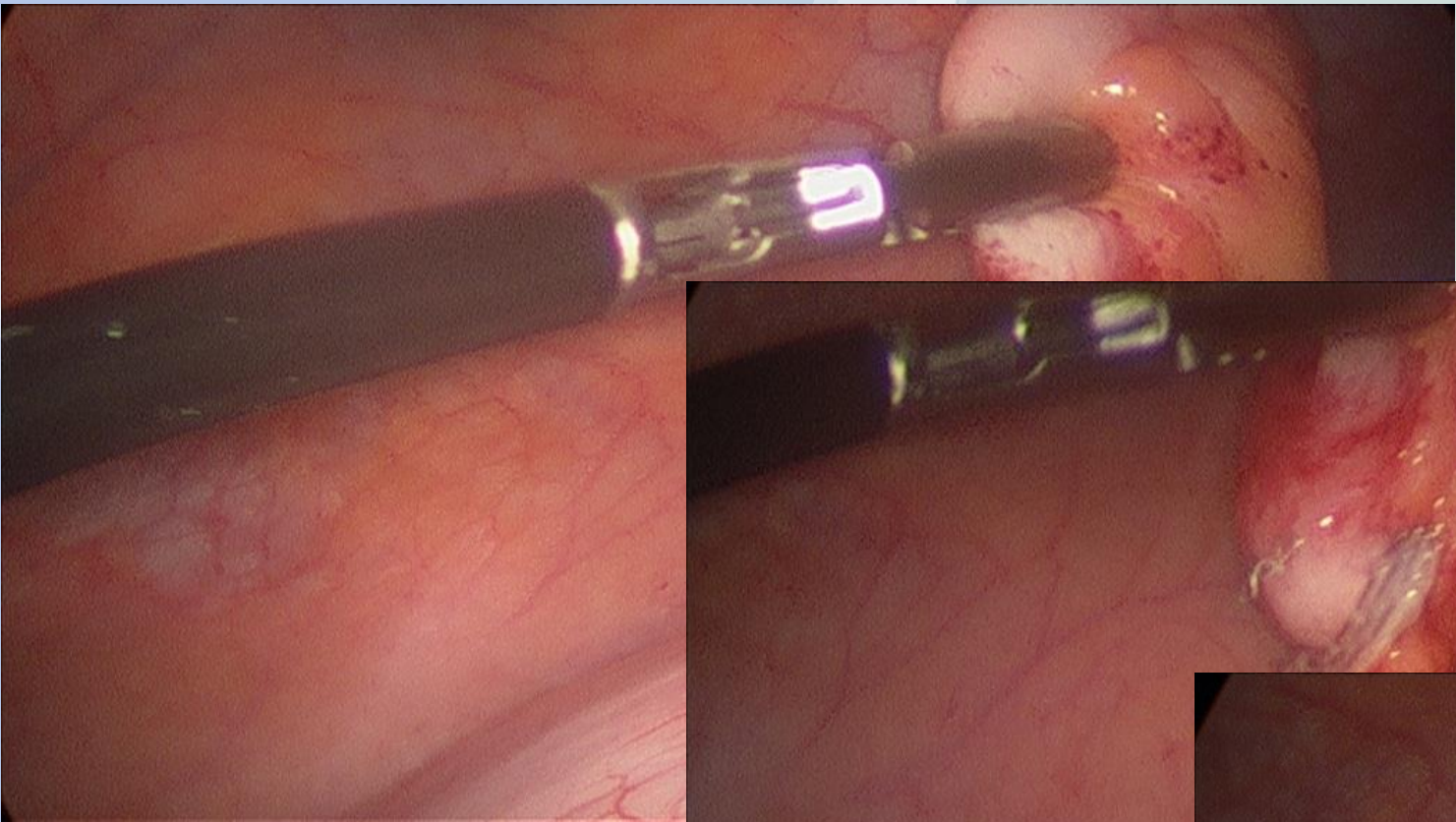
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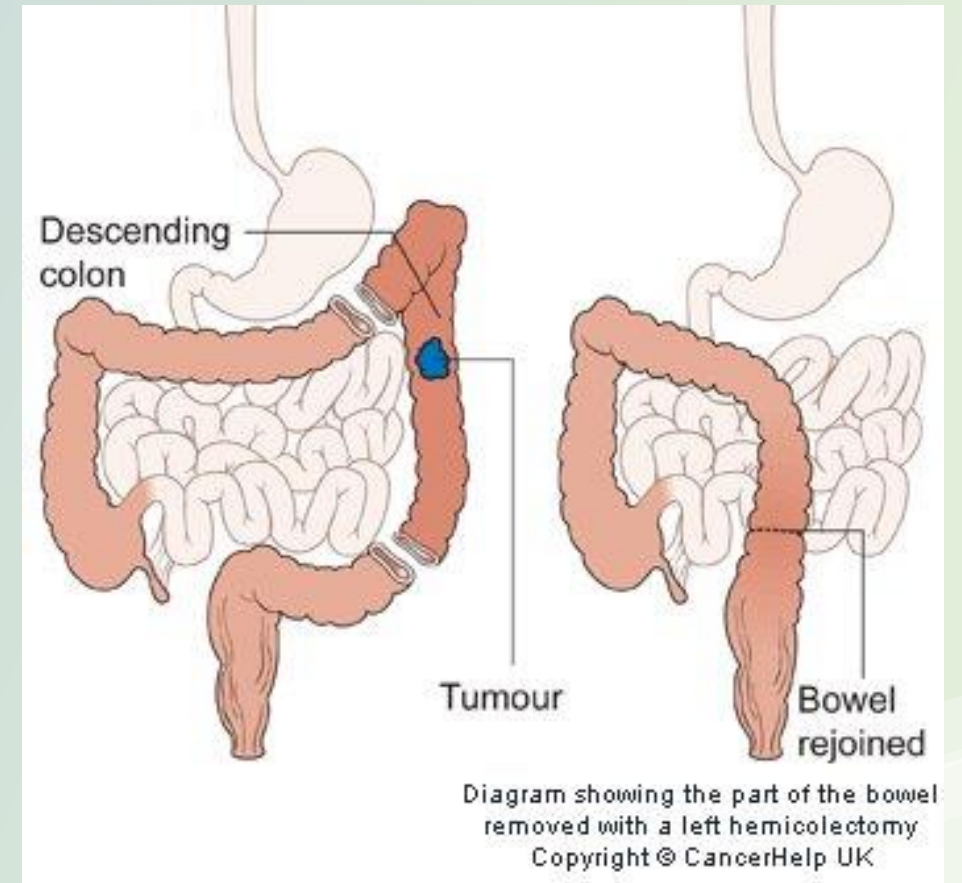


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Typical Day- every day is different

- Exercise
- Operating Room
- Clinic
- Meetings
- Dinner with Family
- Call
- FUN
 - KIDS
 - sports and activities
 - concerts
 - friends
 - travel
 - running





Surgery Pearls

- Service to others
- Immediate results
- Kindness. Compassion. Empathy
- Team Sport
- Leadership
- Innovation
- Humility
- Passion for teaching
- Lifelong learner

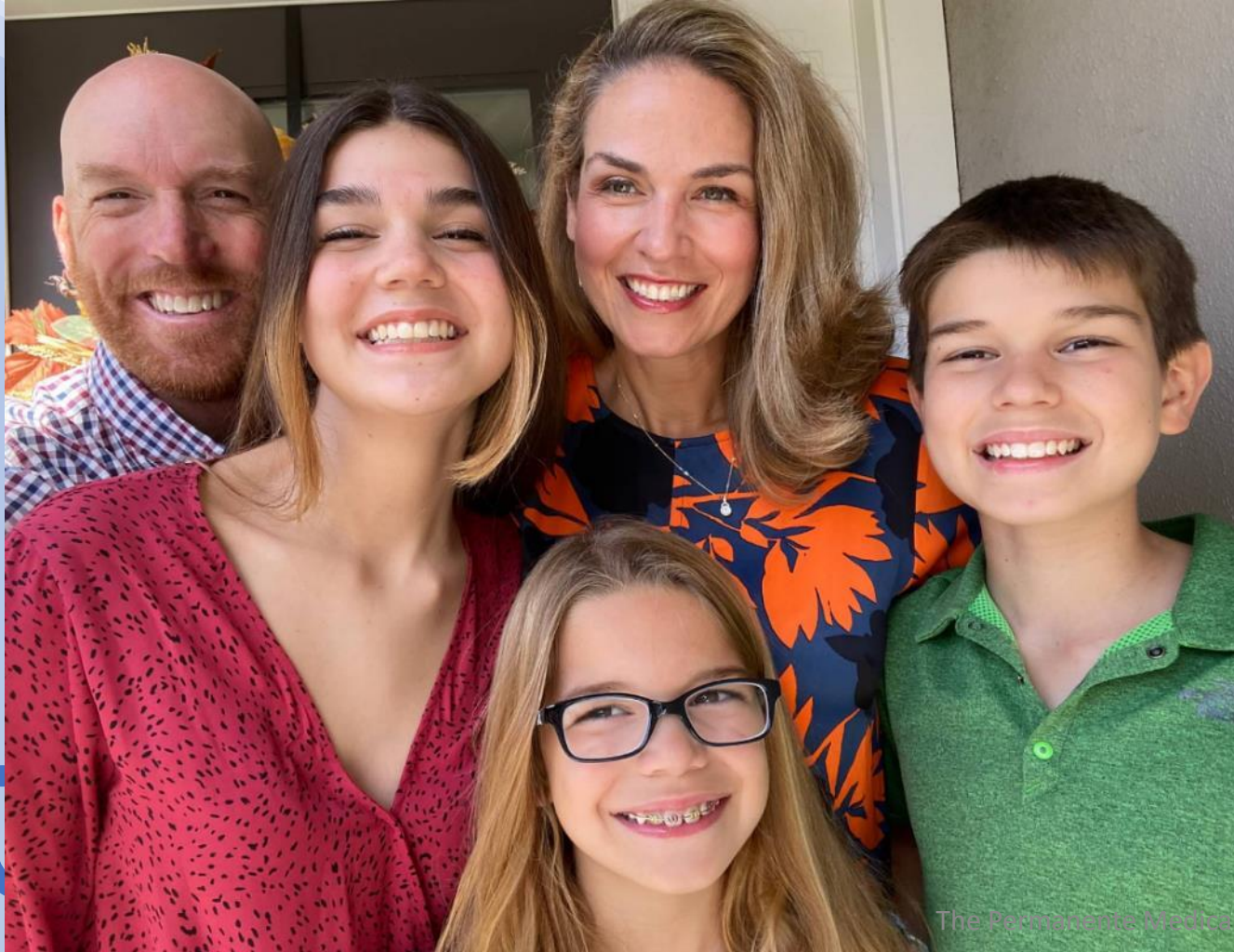


Set yourself up for success

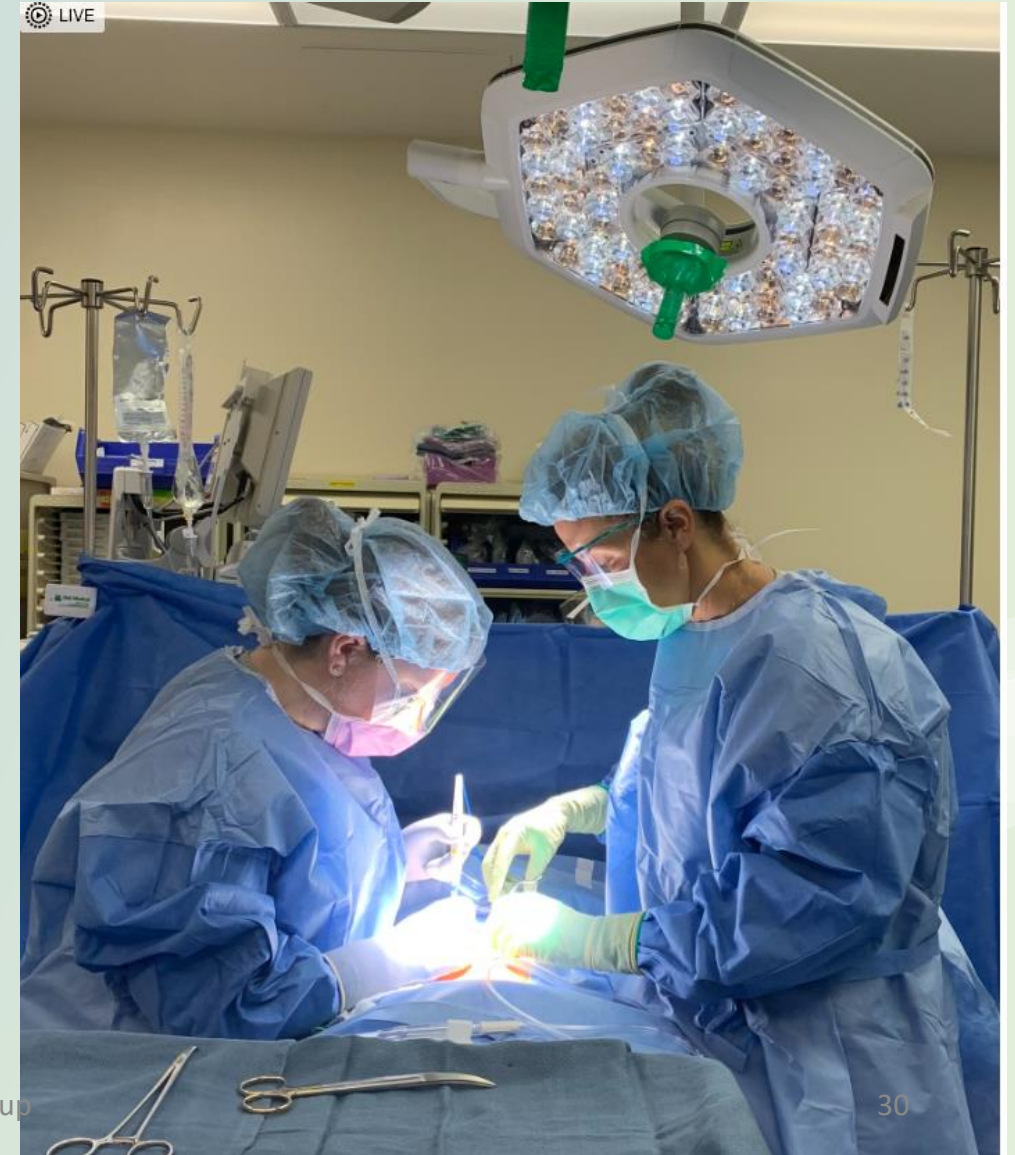
- Mentor
- Exercise
- Positivity
- One Step at a time- feels daunting
- The Nature – the power of Awe
- Anything is possible



I Look Like a Surgeon!



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You Look Like a Surgeon!

