

Inpatient Rehabilitation Program Outcomes

The Acute Inpatient Program at Kaiser Foundation Rehabilitation Center is an individualized, outcome-driven and integrated program that addresses the complicated needs of persons who recover from stroke, brain or spinal cord injury, or other conditions that affect the ability to move, speak, or think, and regain the greatest level of well-being possible. Our program focuses on preventing further impairment and reducing disability to promote an optimal quality of life for our members. Our goal is to achieve functional outcomes focused on home and community integration and enhancement of self worth and engagement in productive activities.

Stroke	2021	2022	2023
# of patients	599	636	662
Average age	67	65	65
Male	58%	60%	56%
Female	42%	40%	44%
Average hours of therapy	3	3	3
Discharge to community	93%	93%	94%
Discharge to acute	4%	3%	3%
Discharge to long term care	3%	3%	3%

Traumatic Brain Injury	2021	2022	2023
# of patients	53	81	83
Average age	50	59	52
Male	83%	78%	75%
Female	17%	22%	25%
Average hours of therapy	3	3	3
Discharge to community	93%	88%	90%
Discharge to acute	4%	9%	10%
Discharge to long term care	4%	3%	0%

Non Traumatic Brain Injury	2021	2022	2023
# of patients	75	69	74
Average age	55	56	54
Male	60%	49%	51%
Female	40%	51%	49%
Average hours of therapy	3	3	3
Discharge to community	95%	81%	91%
Discharge to acute	5%	19%	8%
Discharge to long term care	0%	0%	1%

Traumatic Spinal Cord Injury	2021	2022	2023
# of patients	52	53	48
# of paraplegia	14	13	13
# of quadriplegia	38	40	35
Average age	54	55	51
Male	79%	83%	83%
Female	21%	17%	17%
Average hours of therapy	3	3	3
Discharge to community	94%	93%	90%
Discharge to acute	0%	4%	2%
Discharge to long term care	2%	4%	6%

Non Traumatic Spinal Cord Injury	2021	2022	2023
# of patients	50	75	84
# of paraplegia	36	53	59
# of quadriplegia	14	22	25
Average age	56	60	61
Male	54%	59%	56%
Female	46%	41%	44%
Average hours of therapy	3	3	3
Discharge to community	88%	89%	93%
Discharge to acute	8%	7%	7%
Discharge to long term care	4%	4%	0%